

Dr. Douglas J. Key, M.D.

A World Leader in Preventing and Reversing the Damage of Time

Beauty may be skin deep but, according to one of the world's leaders in Aesthetic Medicine, aging is definitely not.

In fact, Dr. Douglas Key may well be the most advanced anti-aging agent for your skin since the invention of sunscreen. Founded and directed by Dr. Key, The Key Laser Institute for Aesthetic Medicine is one of the few facilities in the nation, if not the world, that brings together non-invasive laser, light and energy treatments for restorative and preventative skin care for the face, neck, chest and hands. These treatments alone or in combination are used to dramatic effect on skin damaged by sun, environment and gravity including lines, wrinkles, rosacea, unwanted pigmen-



Dr. Key combines the beauty of form with the healing aspects of medicine in his practice.

Key Laser Institute for Aesthetic Medicine
 9555 SW Barnes Road, Suite 390
 Portland, OR 97225
 503.291.1953
www.keylaserinstitute.com
admin@keylaserinstitute.com

tation and loss of facial fullness that is a natural result of the aging process.

The Key Laser Institute uses one of the most revolutionary advances to emerge in the field of Aesthetic Medicine, the Fraxel™ Laser. The first of its kind in the Pacific Northwest, Fraxel™ treatments can erase age spots and wrinkles almost instantaneously. This newest generation of non-invasive laser technology presents a significant improvement over traditional laser skin resurfacing by producing exceptional results, with extremely short recovery times and minimal side effects.

Dr. Douglas Key has also transformed the face of Aesthetic Medicine by developing the innovative Gentle Lift™. This non-incisional face-lifting procedure works wonders in restoring a youthful appearance, again with little recovery time. Surgical suture materials are used to lift or "suspend" select areas of the face, such as the brow or cheek. Unlike traditional face lifts, which tend to "fall" over time, the results of the Gentle Lift™ are long-lasting, targeting the actual process of aging itself, rather than simply trying to mask it.

One of the most exciting advances at the Key Laser Institute is in the realm of photodynamic therapy (PDT), which uses breakthroughs in laser technology to treat the effects of sun damage. These treatments can effect a profound biologic reversal, preventing skin cancer, and enhancing the skin's health.

"My approach to treatment combines the beauty of form with the healing aspects of medicine," says Dr. Key. "I am interested in restoring skin to its own natural best and providing an alternative to the surgical procedures of the past."

Since each person ages in a unique way, Dr. Key creates individualized treatment plans in

a private consultation process. Treatment plans may include many of the lasers, light and energy treatment systems available at the Key Laser Institute.

The Vein Treatment Center at the Institute provides the most advanced treatments for unwanted veins such as broken blood vessels on the face, spider leg veins or the larger varicose leg veins.

Dr. Key is also highly skilled in liposuction and uses the latest procedure called "Liposelection," a gentle process that produces rapid healing. Dr. Key often combines facial liposculpting with treatments such as the recently improved Thermage™ skin tightening. Injectable treatments such as Botox, and the full range of cosmetic filler products including Sculptra™ and Restylane™ are also very popular.

In addition to his more than 30 years of clinical experience, Dr. Key's on going developments of new and enhanced treatments, used separately or in combination, continue to lead the way in the field of Aesthetic Medicine. He continues to push for ever more effective treatments for his patients, serving as an invaluable resource and regional expert for laser system manufacturers and associated industries. For example, he recently received final approval on a patent for the Layered Light™ treatment process he developed, an exclusive anti-aging process that employs a combination of light, laser and energy systems to help restore texture, soften lines and remove the effects of sun aging. Dr. Key is simply one of the most experienced and knowledgeable professionals in the field of laser skin applications and Aesthetic Medicine.

Portlanders are fortunate to have the world's leader in preventing and reversing the effects of aging right here in our backyard.